

YOU HAVE THE
POWER
TO SAVE A LIFE

NALOXONE (NARCAN®) AND
DRUG TESTING STRIPS ARE
AVAILABLE IN WAYNE COUNTY

How to **STOP**
an overdose:

How to **SPOT**
an overdose:



Not moving, can't
be woken



Slow or no breathing -
snoring, choking or
gurgling sounds



Color changes in skin,
lips and nails



Cold or clammy skin



Scan to find a Well Wayne Station
for free Naloxone (NARCAN®) and
drug testing supplies.



1 Shake and shout



2 Call 9-1-1



3 Give Naloxone (NARCAN®)

Peel:

Peel back the package to remove the nasal spray.
Hold the spray with your thumb on the plunger.

Place:

Place the tip of the nasal spray into either nostril
until your fingers are touching their nose.

Press:

Press the plunger firmly in to release
the entire dose into the nose.



4 Keep awake and breathing

If breathing: Lay the person on their side
to prevent choking.

If not breathing: Give rescue breaths and
CPR if comfortable.



5 Give Naloxone (NARCAN®)
again every 2 minutes if
no response

If they're not breathing, give more doses of
Naloxone (NARCAN®) using a new spray every
2 minutes, switching nostrils, until help arrives.

EndOverdoseWayne.org

Wayne County Department of Health,
Human, and Veterans Services

Knowing the signs of an overdose and
carrying Naloxone (Narcan®) could be
the most important decision you make.