How to SPOT an overdose:

> Not moving, can't be woken

Slow or no breathing snoring, choking or gurgling sounds

GETEREE

Color changes in skin, lips and nails

Cold or clammy skin



Scan for more tips, videos and resources



How to STOP an overdose:

Shake and shou

Call 9-1-1



Give Naloxone (NARCAN®)

Peel back the package to remove the nasal spray. Hold the spray with your thumb on the plunger.

Place the tip of the nasal spray into either nostril until your fingers are touching their nose.

Press:

Press the plunger firmly in to release the entire dose into the nose.



Keep awake and breathing

If breathing: Lay the person on their side to prevent choking.

EndOverdose Wayne.org

Wayne County Department of Health, Human, and Veterans Services

Michigan's Good Samaritan Law provides protections for individuals who use naloxone in good faith. Find more information at Michigan.gov/Opioids.

If not breathing: Give rescue breaths and CPR if comfortable.



Give Naloxone (NARCAN®) again every 2 minutes if no response

If they're not breathing, give more doses of Naloxone (NARCAN®) using a new spray every 2 minutes, switching nostrils, until help arrives.